MISSION
At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

IMPORTANT REMINDER
- Learning Club has re-commenced, Wednesdays 3.15 to 5.00 p.m.
- Annual Trivia Night Saturday August 29th. Please book your table with Nicole in the office. (Further details on page 3).

FROM THE PRINCIPAL
BUILDING RESILIENCE IN SCHOOL COMMUNITIES
The permission forms for the “Building Resilience in School Communities Program” were forwarded to families on Tuesday 18th August. Could all forms be completed and forwarded back as soon as possible as we would like to complete the survey over the next 2 weeks.

Just a reminder the Resilience Survey is completed online and is completely anonymous and no student can be identified. The data will be collected and analysed by Resilient Youth Australia and reported back to me. Our school will use this data to help identify the strengths of our students, and enable us to ensure we are supporting our students in an effective and meaningful way.

TRIVIA NIGHT
Only 1 WEEK to go until the CGPS Trivia Night (Saturday 29th August). Please confirm your attendance or the booking of a table by speaking to Nicole in the office. It is always an entertaining evening and a fun night out for all.

CURRICULUM DAY - ADVANCED NOTICE
A curriculum day has been scheduled for Thursday September 10th. Students are not required at school on this day. After School Care will not be available on this day.
2016 PREP STUDENTS: ENROL NOW
Enrolment paperwork for Prep students for 2016 should be completed by now. If you have not submitted the following documents, please do so immediately.

- A completed enrolment form (available from the school).
- A copy of your child’s birth certificate (the school will photocopy the original for you). Birth certificates can be ordered from the Victorian Registry of Births, Deaths and Marriages.
- A copy of your child’s immunisation certificate (the school will photocopy the original for you). This document is issued by the Australian Childhood Immunisation Register, on completion of your child’s 4 year old vaccine.

Further details are available at the school office or phone: 5446 8393.

SCHOOL ATTENDANCE
Regular school attendance ensures you are giving your child every opportunity to achieve success at school. Attending school every day will most likely lead to your child learning easier; making and maintaining friendships and being happy. Please avoid keeping your child at home for events such as: birthdays, shopping, visiting family and friends, sleep-ins and minor check-ups. Sometimes children develop reasons why they do not want to go to school, including they won’t get out of bed in the morning; they won’t go to bed at night; they can’t find their uniform, books, school bag …; they are slow to eat breakfast and haven’t done their homework to name a few reasons. If this sounds a little like your child and it is causing your child to run late for school or in fact miss school please speak to either your classroom teacher, Kerryn (wellbeing officer) or myself. By working together I am sure we can resolve any of these issues.

Jason Lee
Principal

Final Payments for the Grades 3 to 6 Camp are due Friday September 18th. Family Statements reflecting Amounts Owed have been sent home.

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>August 24th - August 28th</td>
<td>School Banking Day -</td>
<td>Book Week Dress Up Day</td>
<td>Breakfast Program</td>
<td>Breakfast Program</td>
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<td></td>
<td>Bendigo Bank</td>
<td></td>
<td>8.00 a.m. to 8.20 a.m.</td>
<td>8.00 a.m. to 8.20 a.m.</td>
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<tr>
<td>August 31st - September 4th</td>
<td>School Banking Day -</td>
<td>Family Fun Maths Night</td>
<td>School Banking Day -</td>
<td>School Banking Day -</td>
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<td></td>
<td>Bendigo Bank</td>
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<td>Commonwealth Bank</td>
<td>Commonwealth Bank</td>
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<td></td>
<td></td>
<td></td>
<td>8.00 a.m. to 8.20 a.m.</td>
<td>8.00 a.m. to 8.20 a.m.</td>
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<tr>
<td>September 7th - September 11th</td>
<td>School Banking Day -</td>
<td>Grades 4 to 6 Sovereign</td>
<td>Curriculum Day -</td>
<td>Breakfast Program</td>
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<tr>
<td></td>
<td>Bendigo Bank</td>
<td>Hill Excursion</td>
<td>No Students Required</td>
<td>8.00 a.m. to 8.20 a.m.</td>
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<td></td>
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<td>at School</td>
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<tr>
<td>September 14th - September 18th</td>
<td>School Banking Day -</td>
<td></td>
<td></td>
<td>Final School Camp Payments Due</td>
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<tr>
<td></td>
<td>Bendigo Bank</td>
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</table>

School Assembly starts at 8.55 a.m. Please be on time!
Parents’ Club Meeting

The next meeting will be held **on a day and time to be confirmed** in the conference room.

Contacting the Parents’ Club

If you wish to contact the Parents’ club have an email address which is cgpparentsclub@gmail.com.

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**California Gully Primary School**

**Trivia Night**

*Saturday 29th of August 2015*

@ California Gully P.S Early Years Learning Centre

6.30pm until late

Tickets can be purchased from Nicole @ the office or phone 5446 8393

Tickets are $10 each.

Please bring food & drinks to share for your table.

Lots of fun, prizes and laughs.

As well as a silent Auction.

*Please support these businesses who are supporting our Trivia Night on Saturday August 29th.*

- The Complete Garden
- Statewide Irrigation
- Officeworks
- Drummond Golf
- The Good Loaf
- Old Green Bean
- Diggers
- Peter Anthony Menswear
- Home @ Market Place
- Fish ‘n’ Feathers
- Bakers Delight

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School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

**Friday August 14th**

**Prep/1 Christian:**
- Sam H. - For upholding CGPS values of Respect, Care & Personal Best.
- Jackson H. - For his effort in all writing genres. Well done Jackson!!
- Tyler K.-S. - For setting to work quickly and giving writing a “red hot go”.

**2/3 Carroll-Hinton:**
- Emily K. - For completing an amazing 150 nights of home reading. Super effort Emily!
- Gabby P. - For being so enthusiastic in her narrative writing! Well done Gabby!

**2/3 Watt-Holt:**
- Aaron B. - For great results n his On-Demand testing..
- Tayleigh H. - For being able to recognize turn around facts in her multiplication work. Terrific mathematic thinking Tayleigh!
- Oscar G. - For being able to recognize turn around facts in his multiplication work. Terrific mathematical thinking Oscar!
- Hayden M. - For trying hard on his spelling tests.

**6 McKerrow:**
- Mickayla B.-W. - For excellent work with Division.
- Michael M. - For excellent work with Division.

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**Jim Wid Tennis Coaching**

Tennis. Fun. For Life.

Unsure? FREE trial.
FREE racket for new enrollments (Age 9 and under)

Contact Jim: 5431299850
email: jimwidtennis@gmail.com
website: www.jimwidtennis.com

Find us on Facebook!

School Assembly starts at 8.55 a.m. Please be on time!
Woolworths Earn & Learn 2015

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn

PepperGreen Farm vegie bags available to order through Wendy Ennor. Place your order on a Wednesday, $30 full bag or $15 half bag. Price includes delivery to school.

Learning Club is back for Term 3

Welcome back to the school term. Hope everyone had a wonderful break! Learning Club commenced for term 3; Wednesday’s from 3.15pm – 5.00pm.

We have six new Pre-Service Teachers from La Trobe University running Learning Club this term and they have been looking forward to working with the kids through interactive games and activities.

Learning Clubs provide a safe and supportive out-of-school learning environment where primary students can participate in activities that develop their academic and social skills. Clubs usually run for at least 2 terms, and children attend once a week at no cost. Through regular attendance at our Learning Club, students are able to enhance their learning and development skills.

If you are interested in sending your child/ren to Learning Club please see Nicole at reception for enrolment details.

Learning Club is a partnership between The Smith Family & La Trobe University.

Do you have an old rusty garden wheelbarrow you no longer need? The Stephanie Alexander Kitchen Garden program would love some so that we can start wheelbarrow gardens in order to put them in the Bendigo Show competitions. If you can help us out please see Megan Watt or Wendy Ennor.

Megan Watt will be at the Kids Growing Food Network meeting and would love others from the school community to accompany her.

School Assembly starts at 8.55 a.m. Please be on time!
GREAT TIPS FOR HEALTHY KIDS

TIP 6. YOU ARE WHAT YOU EAT

You are what you eat. Whatever you put into your mouth today contributes to the body you have and the way you feel.

If you eat healthy, nutritious foods, your body works well and you have energy and vitality. If you eat junk foods that have little nutritional value, you may feel heavy and listless and your body does not function well.

Naturally, you want to give your kids the best possible start in life. When you feed them nutritious foods, you are creating a healthy foundation for them.

What you can do NOW

- Increase the amount of fresh food you serve the family.
- Cut back on buying lollies, chips and cakes - buy them once in a while.
- Make a list of nutritious recipes that are quick to prepare.
- Serve a good balance of fruit, vegetables, rice, pasta, noodles, bread (preferably wholegrain or wholemeal) and legumes (e.g. chickpeas, lentils, baked beans).

Top Tip

Growing some of your own foods in pots, like silverbeet and cherry tomatoes, can help to educate your family about where food comes from, plus you’ll have fresh food ready to pick.

YUMMY WINTER LUNCH IDEAS FOR THE KIDS!

- Vary the bread from day to day e.g. wholemeal, rye, pita, foccacia or bagels.
- Cold cauliflower or broccoli with cheese sauce.
- Left over fried rice, pasta or roast vegetables.
- Chopped vegetables, e.g. carrots, cucumbers, celery, cherry tomatoes or cooked corn on the cob served cold.
- Thermos of hot soup (with or without noodles) with a wholegrain roll.
- Quiche or cold pizza muffins.
- Bread topped with anything or on its own, scones, pikelets or muffins, fruit buns or bun loaf, crackers, popcorn or breakfast cereal.
- Pocket pita bread filled with chicken, avocado and salad.
- Always include fresh fruit, chopped, sliced or diced (use sealed containers for fruit salads).
- Include nuts and dried fruit, such as peanuts, apricots, apples and banana chips, they make great snacks.
- Low fat fruit yoghurts are fantastic and are high in calcium.
- Include low fat raisin and fruit bread and high fibre buns for a sweet snack.

Hard idea!

Make your own muffins, using grated carrot or zucchini, banana, or mashed pumpkin. For extra Vitamin B, sprinkle them with sunflower seeds or sesame seeds before baking.

Unsalted, unbuttered popcorn and rice crackers are great snacks.
ANNUAL ‘HELP THE CHICKENS’ MONTH
Our annual ‘Help the Chickens’ month is underway. If you would like to make a Gold Coin donation to help feed the girls and (and boy). Drop your donation in to Wendy.

Book Week Dress Up
As a celebration of our love for books we will once again be holding a book week dress up parade.

Children are to come dressed as their favourite book character (not movie). We are also asking that children bring along the book their character is in. This is a good opportunity for borrowing from our school library or Bendigo Goldfields Library.

There are many ideas for home-made costumes on the internet.

**Book Week is the week of August 24th, dress up day is Wednesday August 26th.**

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AFTER SCHOOL CARE
**Monday to Friday 3.15 p.m. to 6.00 p.m.**

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

School Assembly starts at 8.55 a.m. Please be on time!
MAIDEN GULLY CRICKET CLUB.
( A family friendly club).
JUNIOR REGISTRATION DAY.
Date: Sunday, the 23rd of August.
Venue: Maiden Gully Primary School Gymnasium.
Time: 12.30-3.00.

This Registration Day is for all Milo, T 20, Under 12, Under 14 and Under 16 players and an Under 15 girls teams.

We are aiming to have teams in A and B Grade in all age groups in the Bendigo Junior Cricket competi-
tion this year.

Includes a free sausage sizzle and a drink.

Junior players will be able to register on the day.

You will be able to pay your membership fee and fill out your shirt size so we can organise your shirt and cap prior to the first game.

Fees for this year are:

- $90.00 for the first child. (Includes shirt and cap).
- Other children $80.00 per child.
- T20 will be $100.00 this year. This fee is set by the Victorian Cricket Association.
- Milo Cricket will be $80.00.

Coaches for the season will be here to meet you on the day and answer any questions.

Look forward to seeing you all on the day and looking forward to a great season. Any questions please ring our Junior Coordinator Shannon Craven on 0401268868 or myself on 0488186300 or contact me at Maiden Gully Primary School.

Neil Byers. (President)
Paul Sadler Swimland Open Day
Saturday August 29th,
School Proposal.

Water Safety Talk with Swordy Visit
& BBQ for students

How to enter
Simply advertise our ‘Open Day’ event in your
school newsletter.
Each child who attends our Open Day and puts
their School's name on our entry form can
help your school win!
The school with the most entries.....
WINS
Good Luck......!

General enquiries please phone:
Lynn 5443 2164

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

THREE - FREE “COME N TRY” GUIDE NIGHTS
COME AND HAVE FUN AND ADVENTURE WITH
BENDIGO DISTRICT GIRL GUIDES

Ages 5/6/7 Blossom Possums &
Ages 7-10 Star Guides – Tues 4.30pm
Atkins Street Bendigo North
Ages 7-13 Cookie Crumbs- Wed 5.30pm
Strathfieldsaye
Ages 10-14 Lightening guides- Bond
Street Golden Square – Tues 5.45pm

CONTACT JULIE KALA FOR MORE
DETAILS 54440217 or 0427 927 268
EMAIL;
girlguidesbendigo@yahoo.com

Romsey Primary School is 150 years old this year.

You are invited to join us for our celebrations
on Saturday October 24th
between 10.00am and 4:00pm.
- School tours and visits to the old school site,
- Displays of student projects, old photos and other memorabilia,
- Performances and demonstrations by students.
- Devonshire Teas and gourmet bar-b-cue.
- Market Stalls
- A formal ceremony to mark the occasion at 2.30pm

Contact us to sign up for a swim assessment.
We have swimming programs designed for all ages and
abilities and offer a free swim assessment before enrolment.

AQUASTREAMS

BENDIGO'S VERY OWN BOUTIQUE LEARN TO SWIM SCHOOL
Location: Marshall Cres, Kew Buffalo, 3550
Phone: 05 5441 2445
Email: info@aquastreams.com.au
www.aquastreams.com.au

School Assembly starts at 8.55 a.m. Please be on time!
Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

PLAYGROUP
Let’s get together and build on friendships.

Wednesdays
9.30 a.m. - 11.30 p.m.
in the Outside School Hours Care room.

Please bring along a piece of fruit to share.
We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:

- **August 26th**
  - Water/Sand Play

- **September 2nd**
  - Fathers’ Day Craft

- **September 9th**
  - Multi-Purpose Room—Adventure Play

- **September 16th**
  - Making Honey Joys

- **October 7th**
  - Sandpit

For information of what events are coming up in playgroup please visit the school website Playgroup page.

Join us on Facebook: www.facebook/calgullyplaygroup1

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**Men’s Health Week 2015**

Men’s Health Clinic
Specialising in annual health check-ups

The Men’s Health Clinic specialises in men’s health and assists men to better understand and manage their health needs. Our staff can provide annual check-ups, health counselling, information and support to help you achieve a healthier lifestyle. The Men’s Health Clinic operates on Tuesdays from 1pm - 8pm and is staffed by male men’s health nurses.

Current Bendigo Community Health Services: 5434 4300 for an appointment.

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**2015 Men’s Health Week Calendar of Events**

**Saturday, August 29**

- Men’s Health Seminar and Fasting
  - Time: 3:30pm to 5:00pm
  - Location: The Rialto, Ballarat

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School Assembly starts at 8.55 a.m. Please be on time!
City of Greater Bendigo Whipstick Ward Meetings

Meeting time and date may be subject to change. To confirm, please visit www.bendigo.vic.gov.au

<table>
<thead>
<tr>
<th>Ward</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sebastian</td>
<td>7pm, Monday August 31</td>
<td>Sebastian Hall, Sebastian Road, Sebastian</td>
</tr>
<tr>
<td>Long Gully</td>
<td>7pm, Monday September 14</td>
<td>Long Gully Pavilion, Cunneen Street, Long Gully</td>
</tr>
<tr>
<td>North Bendigo</td>
<td>7pm, Monday October 12</td>
<td>North Bendigo Pavilion, North Bendigo Atkins Street, North Bendigo</td>
</tr>
<tr>
<td>Eaglehawk</td>
<td>7pm, Monday October 26</td>
<td>Eaglehawk Town Hall Council Chamber, 1 Peg Leg Road, Eaglehawk</td>
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<tr>
<td>Bendigo</td>
<td>7pm, Monday November 16</td>
<td>Bendigo Library, Activity Rooms 1 &amp; 2, 259 Hargreaves Street, Bendigo</td>
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</table>

Don’t forget to check out the school’s website www.californiagullyps.vic.edu.au

School Assembly starts at 8.55 a.m. Please be on time!
Thanks to Empowering Eaglehawk, The Eaglehawk Football Club and the Peter Krenz Leisure Centre/YMCA we have a community breakfast program for all families (parents are more than welcome to attend) and staff of California Gully. The community breakfast program continues tomorrow, Friday August 21st at 8 a.m. **(please note that we will stop serving breakfast at 8.20 a.m.).**

Sharing in breakfast together, what a great way for our school community to start to start the day!

*We would also like to acknowledge the assistance of Fairley’s IGA in Eaglehawk for providing the food for the breakfast.*