#### CALIFORNIA GULLY PRIMARY SCHOOL

# The Bell Topper Phone: Fax: Email:

Volume 34 No. 26

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Thursday August 25th 2016

#### Calendar

Monday August 29th Curriculum Day

**Thursday September 1st** Fathers' Day Stall

Friday September 2nd Fathers' Day Breakfast

**Saturday September 3rd** Trivia Night

Wednesday September 7th to Friday September 9th Grades 3to 6 Camp

Monday September 12th School Council Meeting

Wednesday September 14th Grades 3 & 4 Melbourne Excursion

Every Tuesday and Friday 8.30 a.m. - 8.55 a.m.

Library Open for borrowing and returning books and quiet reading

Every Wednesday 9.30 a.m. - 11.30 a.m.

Playgroup

Every Friday 8.00 a.m. - 8.20 a.m.

Breakfast Program

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#### **MISSION**

At California Gully Primary School we educate students to be lifelong learners and well informed and productive community members who are well prepared to become active, engaged and responsible citizens of the local and global community.

#### IMPORTANT REMINDER

- No Breakfast Program Friday August 26th
- Curriculum Day Monday August 29th
- Trivia Night Saturday September 3rd
- Grades 3 to 6 Harrietville Camp Wednesday September 7th to Friday September 9th
- School Council Meeting- Monday September 12th
- Grades 3 & 4 Melbourne Excursion Wednesday September 14th
- Last Day of Term 3 Friday September 16th

#### FROM THE PRINCIPAL

## CALIFORNIA GULLY 'HEAD START PROGRAM' - PREP 2017 EXTENDED TRANSITION PROGRAM

We are always looking at ways of improving upon our transition program for our incoming Prep students. This year we are running a program that we have called the 'Head Start Program'. The program is to be led by our experienced Early Years teachers and we expect participation in the program to assist the children in a number of ways. Children will get to know their classmates, school routines and surrounds better; introduce the children to some of the teachers, classrooms and playground; boost their confidence through a variety of age appropriate activities and ease the separation from parents. The program will consist of six sessions starting mid-October. Importantly this year children will need to be enrolled before they are able to attend sessions. The program will be of significant advantage to our 2017 Prep children so any parents who have not enrolled their children please do so before the end of term; or if you know of a family intending to enroll their child please have them contact the school as soon as possible. If you would like any more information regarding the Head Start Program please speak to Kathryn Hinton or Jason Lee.

#### **TERM 3 CURRICULUM DAY**

Next **Monday 29**<sup>th</sup> **August** all teachers will be attending a literacy professional development day. **Children are not required at school on this day.** 

#### School Assembly starts at 8.55 a.m. Please be on time!

To report an absence through the school website you can use this link Report an Absence

PAGE 2 THE BELL TOPPER FROM THE PRINCIPAL

#### **2017 STUDENT ENROLMENTS**

It is most important we know of any California Gully PS students who will be attending another school (e.g. moving away) in 2017. Please let the office know as soon as possible if this is your situation. This information is very important for planning our class structure and staffing for 2017.

#### NATIONAL LITERACY & NUMERACY WEEK

Monday August 29<sup>th</sup> is the start of Literacy and Numeracy Week. The school will run a number of activities to celebrate the importance literacy and numeracy including:

A Poem in Your Pocket. Children will write a poem of their choice. The students can keep the poem handy to read to classmates, teachers and parents.

*Math Fun Night*. On Tuesday 30<sup>th</sup> we are holding a Math's Fun Night with a variety of activities the family can enjoy. The evening kicks off at 5.30pm with a BBQ being provided for those families who would prefer not to cook for one night! The evening will conclude around 7.00pm.

#### TRIVIA NIGHT

The School Council organised Trivia Night is fast approaching (Saturday September 3<sup>rd</sup>). This is one of school council's major fundraisers for the year. If you intend to come but have not let Nicole know in the office please do so. This is so we can either place individuals on a table or hold a table for you. It is always a very entertaining evening!

We have so far organised a number of fantastic prizes (see the school Facebook page!) but the more prizes the more successful the evening so if you own your own business or know someone who does and can possibly donate a prize small or large please speak to Nicole in the office, Natasha Fullerton (School Council President) or me. We have official letters that can be passed onto businesses. All businesses will be recognised on the night and via other social media outlets, including our Facebook Page and webpage.

#### MR. BIG BREKKY - FRIDAY SEPTEMBER 2nd

Our Big Brekky to celebrate Fathers' Day will be held on Friday 2nd September kicking off at **8.00** a.m. at the school gym. This is a great opportunity for Dads and significant males in our students' lives to come along and share a breakfast.

*Jason Lee* Principal

# SCHOOL CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 29th - September 2nd	Curriculum Day	School Banking Day - Bendigo Bank Maths Family Fun Night	Parents' Club Breakfast Program	Fathers' Day Stall	School Banking Day - Common- wealth Bank Breakfast Program
September 5th - September 9th		School Banking Day - Bendigo Bank	Parents' Club Breakfast Program		School Banking Day - Common- wealth Bank Breakfast Program
September 12th - September 16th	School Council Meeting	School Banking Day - Bendigo Bank	Parents' Club Breakfast Program		School Banking Day - Common- wealth Bank Breakfast Program
October 3rd - October 7th	First Day of Term 4	School Banking Day - Bendigo Bank	Parents' Club Breakfast Program		School Banking Day - Common- wealth Bank Breakfast Program

School Assembly starts at 8.55 a.m. Please be on time!

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#### **PARENTS CLUB NEWS**











#### Parents' Club Meeting

The next meeting of the Parents' Club will be in the conference room after assembly on a date to be confirmed. We need more members so new members are always welcome.



#### Fathers' Day Stall

The Fathers' Day stall will be Thursday September 1st. Parents' Club have purchased enough gifts for the children to purchase a gift for Dad or Specials Person. But if you would like to donate something to make our stall bigger and better your are more than welcome to. Some gift ideas that always go down a treat are wrapped lollies or chocolate, mugs and socks.

#### 'Plod the Triceratops' Raffle

The Parents' Club have decided to sell tickets for this cute little triceratops at the Family Maths night on Tuesday August 30th.

The raffle will be drawn at the end of the evening.

If you would like to see what Plod looks like he is on display in the school office.

#### **Lunch Orders**

There will be no more lunch orders this term due to the grades 3 to 6 camp. The next lunch order day will be Wednesday October 12th and on the menu will be hot dogs.

#### Contacting the Parents' Club

If you wish to contact the Parents' club have an email address which is <a href="mailto:cgpsparentsclub@gmail.com">cgpsparentsclub@gmail.com</a>.

#### Billy G's Cookie Dough Fundraiser

The Billy G's Cookie Dough fundraiser is coming soon!!

Order forms will be sent home on Monday September 12th and will need to be back after the school holidays on Thursday October 6th.

This is a great, very yummy product that could potentially make us some 'dough'!

Thank you for your support.

Parents' Club

Parents Club Raffle!!!!!

Meet Plod the Triceratops.

Plod is looking for a home and has asked the Parents Club to hold a raffle to find him a good home to live in.

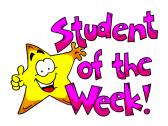
The raffle will run for 2 weeks from Monday 15th August to Friday 26th of August.

Every morning before assembly Renee and Natasha will be selling raffle tickets in the under cover area for \$1.00 each.

The winner of Plod will be announced at assembly Tuesday 30th of August.

So for a chance to give Plod a good home, come to the under cover area before assembly and buy a ticket.





Congratulations to the following students on being named Student of The Week for their positive attitude to school and social values.

#### **Friday August 19th**

Prep Dillon:

Arlen C. -For being a superb actor during shared reading.

1/2 Peacock-Hinton:

Dante A. -For working well in Maths with arrays.

Morag C. - For being a co-operative and helpful class member.

3/4 Ennor:

Mason F. -For reaching 200 nights of home reading.

Emily K.-S. -For reaching 200 nights of home reading.

5/6 McKerrow:

Shanae B. -For an excellent introduction to her procedure text.

Evelynn T. -For an excellent introduction to her procedure text.

5/6 Windridge:

Caleb C. -For working well in writing sessions.

Shelby G. - For thoughtful and detailed comments in his reading

diary.

Myan P. -For completing the Premiers' Reading Challenge.



#### **TISSUES**

With the cooler weather there are a lot of sniffles and colds. Can parents please send a box of tissues to school for their child's classroom.





# HEALTHY LIVING

### GREAT TIPS FOR HEALTHY KIDS

#### TIP 44. DIETS CAN BE DANGEROUS

Kids should never be placed on a restrictive diet, except for when a doctor recommends it for medical reasons. In such a rare case, the doctor or dietician would supervise the diet.

To grow and develop in a healthy way, kids need a wide variety of foods. If they are active, they use a lot of energy. Whenever they are at school, study or do their homework, they use energy. If it is nutritious food that tops up the energy and keeps them going.

#### What you can do NOW

- Avoid using the word 'diet' to your kids, especially if they are worried about their weight.
- Call it 'healthy eating', because that's what it is.
- Provide plenty of fresh foods for them to enjoy.

#### Good Idea!

Kids may hear a lot of talk about diets, but it is up to adults to steer clear of that thinking. If children learn early what wholesome nutrition together with physical activity will keep them healthy and well for life, they will be less likely to worry about dieting as teenagers.

#### **Top Tip**

A nutritious eating plan is not a restrictive diet. It provides lots of choices and diversity.



## YUMMY WINTER LUNCH IDEAS FOR THE KIDS!

- Vary the bread from day to day e.g. wholemeal, rye, pita, foccacia or bagels.
- Cold cauliflower or broccoli with cheese sauce.
- Left over fried rice, pasta or roast vegetables.
- Chopped vegetables, e.g. carrots, cucumbers, celery, cherry tomatoes or cooked corn on the cob served cold.
- Thermos of hot soup (with or without noodles) with a wholegrain roll.
- Quiche or cold pizza muffins.
- Bread topped with anything or on its own, scones, pikelets or muffins, fruit buns or bun loaf, crackers, popcorn or breakfast cereal.
- Pocket pita bread filled with chicken, avocado and salad.

- Always include fresh fruit, chopped, sliced or diced (use sealed containers for fruit salads).
- Include nuts and dried fruit, such as peanuts, apricots, apples and banana chips, they make great snacks.
- Low fat fruit yoghurts are fantastic and are high in calcium.
- Include low fat raisin and fruit bread and high fibre buns for a sweet snack.



Unsalted, unbuttered popcorn and rice crackers are great snacks.



#### NEEDED FOR THE FRUIT PROGRAM

4litre ice cream containers or large fruit bowls.

# TRIVIA NIGHT

# SATURDAY SEPTEMBER 3rd 2016



Our first major silent auction prize is; A choice of either

4 Premium Level 1 or 2 quarter finals tickets at the MCG for 2016

OR

 $4\,$  Medallion Club tickets at Etihad Stadium for the 2017 AFL competition.



Please support these businesses who are supporting our Trivia Night on Saturday September 3rd.

Hawthorn Football Club

Rebel Sport

Geelong Football Club

Percy and Percy

The Good Loaf

Folly and Jane

Old Green Bean

Quarry Hill Café & Larder

Made in Common

Centre State Asphalting

Neangar Park Golf Club



School Assembly starts at 8.55 a.m. Please be on time!

To report an absence through the school website you can use this link Report an Absence

#### California Gully Primary School Learning Club

Tuesday 3.15 pm to 4.45pm



We are in the full swing of things here in Learning Club. After meeting everyone over the past couple of weeks we have been able to jump straight into some fun activities about the Olympics.

Last week we did a round robin with fun activities to get everyone's minds and bodies working in Learning Club.

Our pre service teachers taught students cross patterning exercises to help student's focus and motivation with their learning whilst having a bit of a giggle on the way. Other rotations included bean bag target throwing and boot camp exercise to put minds and bodies to the test and practice our Mathematic skills. Everyone worked well as a team and cheered their peers on.

Lastly our Round Robin included giving students a chance to give us with suggestions for Learning Club and exploring their own strengths they can bring to Learning Club. Our last rotation included students taking part in some meditation practices to help ease their mind and relax their bodies.

We have been having a blast so far and look forward to what the rest of Learning Club brings!

If interested in participating, please complete a Registration Form at the School Reception desk.

Children must be enrolled to attend this program.

The Learning Club is proudly supported by The Smith Family & La Trobe University.





## OUTSIDE SCHOOL HOURS CARE

# Monday to Friday 3.15 p.m. to 6.00 p.m.

- Available for all parents of California Gully Primary School
- Affordable
- Childcare in a safe and secure environment
- Providing interesting activities for all children
- Permanent/Casual Bookings available
- Emergency bookings always available

Mrs. Paton



#### FUN . FITNESS . FRIENDS



#### JUNIORS SQUASH AT BENDIGO SQUASH CLUB

Safe environment

Our Junior comp is led by our friendly • Cater to all skill levels registered coaches and is designed for • Fun and friendly atmosphere children between the ages 11 and 17. • Long term social bonds created

FIRST NIGHT FREE

VIsit www.bendigosquash.com for info sphere Membership \$60 is created \$6 per night - Members

\$8 per night - Non Members 4.30pm weekly Wednesday Nights



## **PLAYGROUP**

Let's get together and build on friendships.



Wednesdays 9.30 a.m. - 11.30 p.m.

in the Outside School Hours Care room.

Please bring along a piece of fruit to share.

We follow the healthy eating guidelines and encourage the SunSmart messages that are taught to the students at school, to provide a great foundation for future students.

Session dates and activities:

August 31st Craft Activity

**September 7th** Cooinda park visit (weather permitting)

**September 14th** Pizza Muffins

For information of what events are coming up in playgroup please visit the school website Playgroup page.

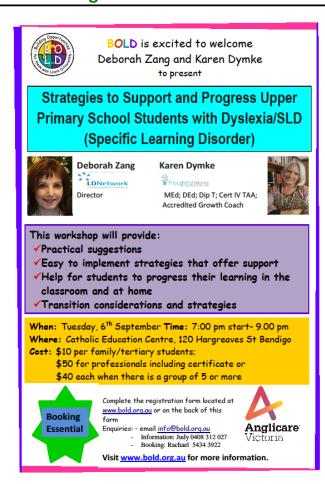


Join us on Facebook: www.facebook/calgullyplaygroup1

#### School Assembly starts at 8.55 a.m. Please be on time!

To report an absence through the school website you can use this link Report an Absence

#### Don't forget to check out the school's website www.californiagullyps.vic.edu.au





WHERE: Stephanie Alexander Kitchen at California Gully Primary School

WHEN: Wednesday Mornings 8.00 a.m. to 8.30 a.m.











## Sandhurst Cricket Club

## Cricket Skills Clinic

Meet the Coaches for 2016

Thinking of playing cricket come and try Boys and Girls of all ages welcome

Sunday 11th September
11am to 1pm includes free BBQ
Weeroona College Oval
383 Napier St, White Hills

Exisitng and new players register online at www.playcricket.com.au and search "Sandhurst"

Milo, T20 Blast (Under 10), Under 11, 12, 14, 16 & 18 Girls Under 13 & 16



# **BENDIGO TENNIS**



Australia's Favourite

#### **Interested in TENNIS?**

The Bendigo Tennis Association are taking individual and team entries for all competition formats for 2016/17 summer season, which kicks off from the week of Monday 3<sup>rd</sup> October. We offer playing opportunities for players of all ages and standards, including:

- Juniors (Mon, Wed, Fri & Sat)
- Midweek ladies (Tues, Wed & Thurs AM)
- Saturday afternoon Seniors,
- Veterans (Monday AM)
- Night Comps (Men, Ladies, Mixed)

Anyone wishing to participate is encouraged to contact the William Loud Tennis Complex on 5442 5744, visit the website or email info@bendigotennis.com.au.

Nominations for summer teams close mid September. Register now at:

www.bendigotennis.com.au

#### FREE JUNIOR MEMBERSHIP

Bendigo Tennis is offering all Bendigo Primary and Secondary School Students with a FREE trail Tennis membership, to help you get into the upcoming summer season of tennis.

The membership is valid from 15<sup>th</sup> August – 30<sup>th</sup> September, 2016, and offers players with <u>FREE</u> court access at the William Loud Tennis Complex during the valid period (subject to availability)

Players can now register for a FREE trial membership at <u>www.bendigotennis.com.au</u>

For further details, to register, and for a full listing of Bendigo TA clubs registration and grading days, visit our website or phone the Complex on 5442 5744





William Loud Tennis Complex 21 – 26 Nolan St, Bendigo, Vic, 3550 Opposite Lake Weeroona

School Assembly starts at 8.55 a.m. Please be on time!



- Milo Cricket & T20 Blast
- Under 12's A & B Grade
- Under 14's A & B Grade
- Under 16's A & B Grade

Registration Day, 28/08/16, 12:30 - 3:00pm Maiden Gully PS Gym

#### We now have our own APP

Download TeamApp from you mobile app store Sign Up to TeamApp Search for Maiden Gully Cricket Club If you don't have a smart phone go to http://maidengullycricketclub.teamapp.com



The Eaglehawk Cricket Club is holding its junior registration day on Sunday 28<sup>th</sup> of August.

We will be in the <u>Netball Pavilion</u> at Canterbury Park between 10am and 11.30 am.

We are taking registrations for In2Cricket, T20Blast, U/11, U/12, U/14, U/16 and U/18's.

We are also hoping to enter an u/13 side in the girls competition.

For further details contact <u>secretary@eaglehawkcc.org.ah</u> or 0438 109953.

For other details or to keep up to date please follow us on Facebook, Eaglehawk Cricket Club or on Instagram & Twitter @cricketecc



California Gully Primary School Trivia Night

Saturday September 3<sup>rd</sup> 2016 @ California Gully P.S Early Years Learning Centre

6.30pm until late

Tickets can be purchased from Nicole @ the office or phone 5446 8393 Tickets are \$10 each.

Please bring food & drinks to share for your table.

Lots of fun, prizes and laughs. As well as a silent Auction.