

The Bell Topper

California Gully Primary School 123

Volume 41 No. 7

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Facebook: California Gully Primary School

Thursday March 16th 2023

NATIONAL RIDE2SCHOOL DAY

National Ride2School Day will occur on Friday March 24th and is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go. It's sure to be a fantastic day and we look forward to seeing you there!



THE RESILIENCE PROJECT - PARENT AND CARER ONLINE PRESENTATION

Martin and TRP Team are so looking forward the online Parent & Carer presentation on:

Thursday 23rd March from 6:30pm - 8:00pm (90 minutes) AEDT.

Through emotionally engaging stories and practical strategies, this session will help parents and carers understand the benefits of letting go of shame, perfection, ego and control. It will combine powerful research with candid storytelling, along with a few laughs to help support what is arguably the toughest job in the world... being a parent or carer!

Why a Parent & Carer presentation?

When building positive mental health in schools, we know the best impact happens when we work together. The 'Authentic Connection' presentation helps do just that by sharing those same evidence-based strategies being taught in the classroom, so they can be also used at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves.

Parents and Carer will need to register for the webinar using the following:

[link:https://us02web.zoom.us/meeting/register/tZMkfuipqD8qE9W3e5ySVSZgpLSwgmocjYTi](https://us02web.zoom.us/meeting/register/tZMkfuipqD8qE9W3e5ySVSZgpLSwgmocjYTi)

LIFE EDUCATION VISITS -

THURSDAY MARCH 30th and FRIDAY MARCH 31st

We are fortunate to once again have sessions with Life Education occurring on the 30 & 31 March. All classes will have an allocated lesson around a range of important topic related to healthy mind and body.

Grade 5/6 Families – Let's Talk About it - Puberty and Reproduction. We are fortunate to have an online parent information session that has been scheduled for **Tuesday 28th March at 6:30 pm.**

To register please follow the link: <https://www.lifeedvic.org.au/for-families/parent-webinars/sh-2>.

Once registered, you will receive a calendar invite from Life Education Victoria with the Zoom link details. *Please note that other schools may also join this session.*

This will also be emailed to Grade 5/6 families.

Respect * Personal Best * Care

To report an absence through the school website you can use this link [Report an Absence](#)



TERMS TWO CURRICULUM DAYS -PLEASE MAKE A NOTE IN THE DIARY

Monday April 24th - (Please note this an additional date)

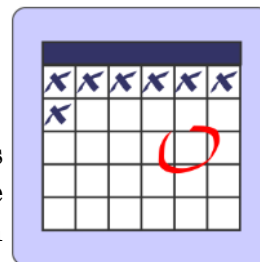
We have now included a second Curriculum Day to start Term 2, plus the initial Student Free Day scheduled for Wednesday 26 April. We have been given the amazing opportunity to begin Term 2 with professional learning to support our 'Writing' focus and will also reduce the start/stop beginning of Term 2.

Staff will participate in Professional Learning linked to the 6+1 Writing Traits on Monday and then, Love Mathematics on Wednesday.

Tuesday April 25th - ANZAC Day Public Holiday

Wednesday April 26th - Mathematics Professional Learning Day with educational consultant - Love Maths

The challenge of these days is the timing. These will occur in Week 1 of Term 2. with ANZAC Day on Tuesday 25th and then the Curriculum Day on Wednesday 26th, Students will now return on Thursday 27th. We acknowledge that the timing is far from ideal although opportunities to engage with the high-level consultant was limited.



HEAD LICE

Attention has been drawn to the fact that head lice and nits have been detected in our school. These unwelcome little visitors are often known to make an appearance at this time of the year. It is also apparent that they choose the cleanest of environments in which to settle.

Parents are requested to check their children's hair on a daily basis. It would be desirable for parents to be alert for signs of discomfort such as scratching because this may indicate that lice or nits (the eggs) are present on the scalp. The area of scalp behind the ears can often be the site where lice or nit activity can most easily be spotted. After treating hair with appropriate medication, all eggs must be combed out to prevent reinfestation.

Treatment potions and detailed advice can be obtained from your local Pharmacist. Children with lice or nits should not attend school unless they have been treated.

LATE ARRIVALS AT CALIFORNIA GULLY PRIMARY SCHOOL

We currently have a focus on students that are regularly arriving late to school at CGPS. Over coming weeks we will be communicating with identified families to formally share our concerns and the likely impact this will have on learning, social connection and confidence. Below is a reminder around expectations and impact. Our aim is to have happy and connected kids at CGPS. The best way to support this is by making every effort to have children at school by 9am each day.



The Impact of Late Arrival To School

- Our formal school day begins at 9am.
- The first bell will go at 8.40am (Welcome to enter the school at this point)

Today your child arrived late in school. *We have used the example of 15 minutes

Arriving 15*minutes late (after 9am) each day:

- 5 days a week = 1hr 15 minutes lost learning time a week.
- 40 school weeks a year = 50 hours lost learning time a year.
- 7 years at Primary School = 350 hours of learning time lost.

Why is PUNCTUALITY such a GOOD thing?

Being on time:

- Gets your child's day off to a good start so they can settle straight into the school day
- Sets positive patterns for the future
- Connects to overly high attendance
- Supports a significant increase in achievement
- Leads to understanding that school is important and education is valuable

Why is LATENESS such a BAD thing?

Being Late:

- Gets your child's day off to a bad start
- Can be really embarrassing for your child to walk into class late
- May lead to your child feeling confused all day! They will have missed out on vital instructions, information and bits of news at the start of the day
- Disrupts the lesson for everyone
- Creates a bad habit that is hard to break
- Can lead to poor attendance – If your child thinks that it is okay to be late for school they can soon think it's okay not to go to school at all.

What should you do if you have a problem getting your child to school on time?

- Talk to your child
- Talk to the school
- Ask for help – remember it's better to get help early on to stop little problems from becoming big ones!



Dates for the Diary

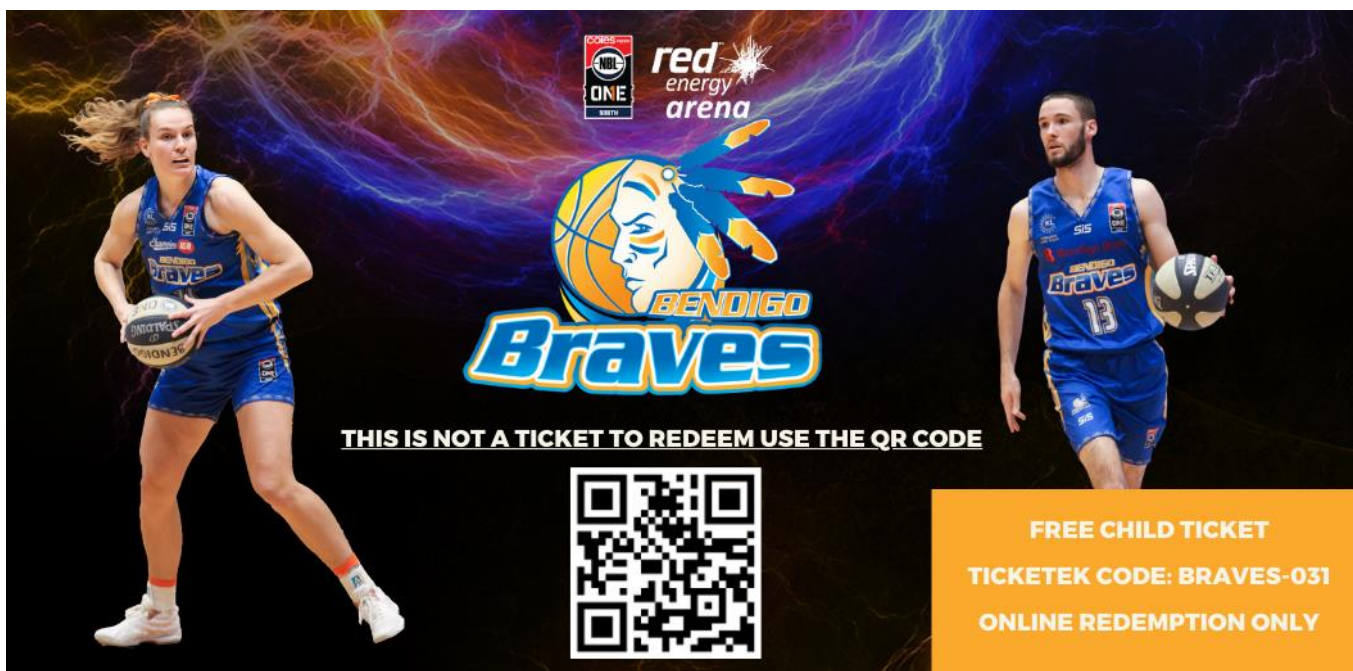
- **Thursday March 23rd** - The Resilience Project Parent and Carer On-Line Presentation
- **Friday March 24th** - Hot Cross Bun Orders Due Back to School Office
- **Monday March 27th** - School Council Annual General Meeting 5.30 p.m.
- **Monday March 27th** - School Council General Meeting (immediately after A.G.M.)
- **Thursday April 6th** - Last Day of Term One 2.15 p.m. Dismissal
- **Monday April 24th** - Curriculum Day - Student Free Day
- **Tuesday April 25th** - ANZAC Day Public Holiday
- **Wednesday April 26th** - Curriculum Day - Student Free Day
- **Thursday April 27th** - First Day of Term Two for Students
- **Friday April 28th** - School Photo Day
- **Wednesday May 3rd** - Years Three to Six Division Cross Country

CSEF (Camps, Sports & Excursion Fund)

Applications are open for families who are Health Care Card holders to apply for this funding - forms are available from the school office if you haven't already completed one (please note only one application need to be completed all children in your family can be on the same form). When completing your application please bring along your current Health Care Card, this is needed for the application to be accepted. Your health Care Card needed to be valid on January 30th 2023 for you to be eligible.

If you are a Health Care Card holder please do not miss out on this funding.

A copy of the Application Form is available in this newsletter if you have not collected a copy from the school office or returned the copy that were in the Parent Contribution Booklets in December 2022.



THIS IS NOT A TICKET TO REDEEM USE THE QR CODE

FREE CHILD TICKET
TICKETEK CODE: BRAVES-031
ONLINE REDEMPTION ONLY

Respect * Personal Best * Care

To report an absence through the school website you can use this link [Report an Absence](#)



Parent & Community Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.



Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM).**

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

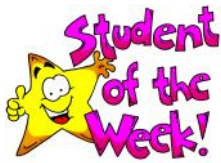
hello@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au

THE
**RESILIENCE
PROJECT**

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Congratulations to the following students on being named
Student of The Week
for their positive attitude to school and social values.

Friday March 10th

Foundation Hinton-Ryan:

Eli B - For being proud of his achievements and trying hard with all tasks.

Foundation Tonkin:

Connor W. - For always being ready to learn and starting tasks straight away.

Grade 1/2 Leed:

Calvin F. - For his excellent participation in Auslan lessons.

Opal L. - For her hard work and great results each week in spelling.

Grade 1/2 Price:

Violet F. - For improving her concentration to complete tasks.

Tyson P. - For making good choices to help his learning.

Grade 1/2 Carroll-Dillon:

Ruby D. - For working hard in ordering 2 digit and 3 digit numbers in maths.
Well Done!

Billie D. - For excellent work identifying greater or less than numbers in maths.
Well Done!

Grade 3/4 Ennor:

Olivia H. - For always giving her best in all subject areas.

Bryce M. - For writing an entertaining narrative.

Benjamin S. - For deep thinking when discussing fact and opinion.

Grade 3/4 Ryan:

Emily L D. - For using excellent expression in her writing.

Jakobe L. - For excellent recording in his reading journal.

Grade 5/6 McKerrow:

Bohdi H. - For his wonderful work with words.

Georgia L. - For her enthusiastic approach to learning.

Grade 5/6 Windridge-Lee:

Suzanna H. - being a kind and helpful member of our classroom.

Beau N. - For participating well in class discussions.

Phillip W. - For great perseverance during Maths problem solving.

YMCA Victoria Youth Services
Film Making Program
FOR YOUTH

Come along and learn all about film making with Video Production Specialist and Youth Worker Jamie Roberts. This a fantastic opportunity for young people to learn about all aspects of film making including scripting, camera set up, lighting, audio, editing and distribution.

Fridays 4.00pm - 5.30pm
Peter Krenz Leisure Centre, Eaglehawk
Call 0448 753 936

PETER KRENZ
LEISURE CENTRE

the **Y**

COME TRY
BADMINTON

EVERY WEDNESDAY AND
FRIDAY NIGHTS DURING
SCHOOL TERMS

WHATS ON FOR JUNIORS?

WEDNESDAY NIGHT TRAINING - U12 (6:15-7:15PM) U18 (7:30-8:30PM)
FRIDAY NIGHT COMPETITION - 6:45-8:30PM
ENQUIRE TODAY BY PHONING 0499 731 811

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CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

Parent/carer details

Surname

First name

Address

Town/suburb State Postcode

Contact number

Centrelink pensioner concession OR Health care card number (CRN)

- - - OR

☐ Foster parent under a temporary care order* OR ☐ Veterans affairs pensioner (Gold Card)**

*Foster Parents must provide a copy of the temporary care order letter from the Department of Families, Fairness and Housing (DFFH).

**Applicants must provide a copy of the Veteran Affairs Gold card

Is this an application for special consideration (no CRN needed)? Yes ☐ No ☐

Student details

Student's surname	Student's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Families, Fairness and Housing (DFFH) to provide the results of that enquiry to DET.

I understand that:

- DFFH will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant Date / /



FRESH FRUIT FRIDAY

Benefiting the health
and wellbeing of our
Bendigo school children



SCHOOL VISITS COMING SOON!

Proudly funded and supported by:



 mckern steel[™]
foundation

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JOIN THE FUN!

Eaglehawk Auskick Centre

Canterbury Park

Sunday's 9am starting March 26th

Matt Williams - 0401 662 838
mattw40@gmail.com

Scan the QR Code to register!

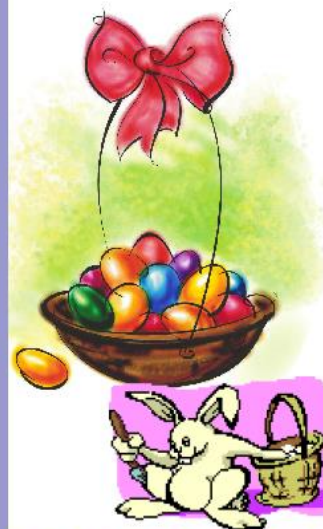


EASTER RAFFLE

Easter is only weeks away, and we are looking for donations of Easter Eggs or a gold coin (to purchase more prizes).

The raffle will be drawn on Thursday April 6th.

LOTS OF PRIZES TO BE WON



TICKETS \$1.00 EACH

MOTHERS' DAY STALL



The Mothers' Day Stall will be held s during Week Three of Term Two.

We will require lots more donations to stock the stall. If you would like to contribute please leave your donation of gifts or money (to purchase more gifts) at the school office.

Bunjil Netball Looking for players

Have you been wanting to get back into netball - or are you keen to learn?

Bunjil Netball Club is a new club looking for players and coaches and would love to hear from you!

Registration Fees:

Net-Set-Go - prep to grade 2 (girls and boys) - \$87
Grade 3 (girls and boys) - \$50
Under 11's (girls and boys) - \$64
Under 13's (girls and boys) - \$80
Under 15's, under 17's, under 21's - \$80.
Uniform: \$70 to purchase, \$40 to hire.
Payment plan available.

Competition begins late March. Training starts in February.

If you'd like to umpire there's an option to get paid!
For more info, email Amanda or call 0429 944 457.



FRIDAY 19 MAY 2023
SAVE THE DATE
National Walk Safely to School Day

Respect * Personal Best * Care

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North Bendigo Auskick 2023 Registrations open

play.afl to register your child for Auskick North
Bendigo Junior Football Club

Fees to be made upon registration

\$91 for 10 week program

Sunday

9:00 AM - 10:00 AM

10 Sessions

Starts 30 Apr 2023

Mixed

Auskick coordinators

Tom Nicholson

Gem Douglas



COLOUR YOURSELF GOLD BLING STATION

Colour yourself GOLD at the Library's bling station in preparation for the Dahlia and Arts Gala Parade.

Pop in to make a crown or beaded creation and get in the festive spirit!

Ages 4-12 years.

Eaglehawk Library

Saturday March 18, 10-12:30PM



REGISTER TO PLAY

Join the Epsom Football Club in 2023!

We are now taking registrations for all ages. Don't miss out on your chance to play for Epsom this soccer season. Teams are currently being put together, so if you would like to request playing with a friend, get in quick so we can try our best to accommodate this.

Registrations closing soon!

To register visit www.epsomfc.com.au

For further information contact juniors@epsomfc.com.au

Junior Non-Competitive Age Groups
Under 6's, 7's, 8's, 9's & 10's

Junior Competitive Age Groups
Under 12's, 14's & 16's

EAGLEHAWK TENNIS CLUB INC

13-17 Crowther St Eaglehawk

Hot Shots Kids Tennis

Fun and free aimed at kids aged 5-12. All equipment provided. Starting at 10am on Saturday 18, 25 March and 1 April 2023.

Register for hot shots kids tennis at:
<https://play.tennis.com.au/eaglehawktennisclub/Coaching>

Sunday Social Tennis

Our social hits run every Sunday (excluding long weekends) from 3pm and are great for all abilities. Across our 5 courts we have families, beginners having a go and experienced players having a more competitive hit.

Adult Beginner Sessions

Covering the basics of tennis, you can organise a free session by contacting the club by email or Facebook. Equipment provided.

Free Court Use

Courts are free to use and can be booked online to guarantee availability.

<https://play.tennis.com.au/eaglehawktennisclub>
www.facebook.com/EaglehawkTennisClub
eaglehawktennisclub@outlook.com

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Sunday 19th March 2023
11 am - 3 pm
Activities for the Whole Family



Chocolate Treasure Hunt @11am



Rides, Climbing Wall
 Archery, Slot Cars
 LEGO bricks
 Soccer, Hockey, Football, Table tennis
 Bowls, Baseball
 EH Fire brigade activities
 Tattoos, Hispano activities
 Story telling, Roller Derby fun
 Belly Dancing
 Painting in the Sound Shell
 And the animals are back from the fabulous -
Animals 2 U

BBQ & drinks provided by EH Scouts & Eaglehawk Y's Men for small cost or bring your own picnic.
 Enquiries: Mary Preston 0434 769 862

All activities are FREE!



ICONIC DRAGON MILE
 MILE LONG FOOT RACE ON THE FAMOUS EASTER PROCESSION ROUTE
 WHERE: PALL MALL AT GOLD MONUMENT - TIME: 10:30AM STRAT
 \$10.00 MINI MILE & PRIMARY SCHOOLS - \$20.00 SECONDARY SCHOOLS/OPEN AND VETERANS
 ALSO INCORPORATING GYM CUP, TEAMS OF 4 FROM YOUR FAVORITE GYM BATTLING IT OUT FOR BEST GYM!
<https://www.registernow.com.au/secure/register.aspx?E=48662>






WIN WITH YOUR GYM Photograph Supported By The Bendigo Chinese Association and Golden Dragon Museum. ENTER HERE

Dahlia & Arts
50th ANNIVERSARY COMMUNITY FESTIVAL
17th 18th 19th MARCH 2023



EAGLEHAWK FESTIVALS INC.

Join In the fun as we celebrate 50 GOLDEN years of community and art in the Borough with activities for the whole family.

FRIDAY 17th: Launch party | Boutique beer and wine | After party | Live music | Solaris Tribal Dancing | Art Show

SATURDAY 18th: Street Parade | Gala Fair Art shows | Roving entertainment | Live music Schools relay | Dahlia & Flower Show | Live art

SUNDAY 19th: Family Fun Day | Art Show Star Cinema free film

For event details visit
www.eaglehawkfestivals.com.au

Play in the Garden Day
 CELEBRATING NATIONAL PLAYGROUP WEEK
10AM - 1PM
TUESDAY MARCH 21
 GARDEN FOR THE FUTURE
 BOSQUET STREET, WHITE HILLS

FREE EVENT

LOTS OF FUN, FREE ACTIVITIES INCLUDING:

- ANIMAL FARM AND PONY RIDES
- FACE PAINTING
- MUSIC AND ENTERTAINMENT
- BUBBLE PLAY AND CIRCUS ACTIVITIES
- ART AND CRAFT ACTIVITIES
- STORY TIME SESSION
- WALKING TOURS OF LARNI GARINGILANG (MEANS HOME OF GROWTH IN THE LANGUAGE OF THE DJA DJA WURRUNG)
- CONNECT WITH LOCAL EARLY YEARS SERVICES



FREE FRESH FRUIT • \$2 SAUSAGES and VEGGIE BURGERS • COFFEE AVAILABLE
 Coliban Water refill unit available please remember to bring your drink bottle



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centavic
CLOTHING

2/1 Whip Court, Long Gully
California Gully Primary School

Dpt.	Garment	Kids Sizing	Adults Sizing
1	Teal/Ink Navy/White Short Sleeve Polo	\$28.60	\$30.80
2	Teal/Ink Navy/White Long Sleeve Polo	\$32.30	\$34.10
6	Ink Navy Rugby Top	\$35.20	\$36.85
4	Ink Navy 1/2 Zip Polar Fleece Jumper	\$36.30	\$39.60
5	Navy Hooded Windcheater	\$35.20	\$36.85
7	Ink Navy Double Knee Hemmed Track Pants	\$24.20	\$27.50
13	Navy Bucket Hat	\$14.30	
13	Navy Broadbrim Hat	\$12.10	

Our School Uniform supplier, Centavic Clothing, are pleased to now offer an online uniform shop for California Gully Primary School through their website:

<https://www.centavicclothing.com.au/>

Parents can place an order for uniforms, with the option of paying online, over the phone or on the day of collection.

We advise that any students needing to try on uniform items book an appointment as due to the current COVID-19 capacity limits we will be prioritising those with appointments when needed. This booking system can also be found on our website.



GIANT Tennis
COACHING PROGRAMS

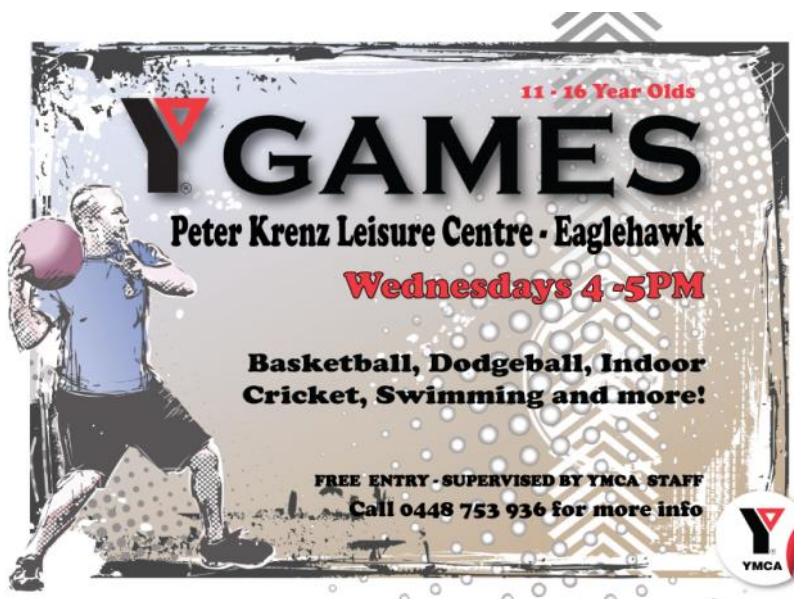
HOT SHOTS 3-12YRS
JUNIORS & ADULTS
GROUPS & PRIVATE LESSONS
HOLIDAY PROGRAMS
CARDIO TENNIS
SQUADS
MATCH PLAY

9.30-10.30AM MONDAY-FRIDAY | \$15/SESSION
(Come & Try a Cardio workout with a Tennis twist)

REGISTER NOW FOR TERM 1 COACHING AT YOUR CLOSEST GIANT TENNIS VENUE:

- AXEDALE TENNIS CLUB
- BENDIGO REGIONAL TENNIS CENTRE
- MAIDEN GULLY TENNIS CLUB
- SOUTH BENDIGO TENNIS CLUB

gianttennis.com.au



Y GAMES
11 - 16 Year Olds

Peter Krenz Leisure Centre - Eaglehawk
Wednesdays 4 -5PM

Basketball, Dodgeball, Indoor Cricket, Swimming and more!

FREE ENTRY - SUPERVISED BY YMCA STAFF
Call 0448 753 936 for more info

YMCA

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