The Bell Topper

California Gully Primary School 123

Volume 41 No. 8

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Thursday March 23rd 2023



DAHLIA AND ARTS PARADE

A wonderful effort by everyone that supported the 'Dahlia and Arts' Parade on Saturday. Thank you to parents, staff and most importantly the children that participated. There were also quite a few CGPS children representing local clubs and organisations. Well done to all involved.

NATIONAL RIDE2SCHOOL DAY

National Ride2School Day will occur tomorrow, Friday March 24th and is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go. It's sure to be a fantastic day and we look forward to seeing you there!





THE RESILIENCE PROJECT - PARENT AND CARER ONLINE PRESENTATION

Martin and TRP Team are so looking forward the online Parent & Carer presentation on:

TONIGHT — Thursday 23rd March from 6:30pm - 8:00pm (90 minutes) AEDT.

Through emotionally engaging stories and practical strategies, this session will help parents and carers understand the benefits of letting go of shame, perfection, ego and control. It will combine powerful research with candid storytelling, along with a few laughs to help support what is arguably the toughest job in the world... being a parent or carer!

Why a Parent & Carer presentation?

When building positive mental health in schools, we know the best impact happens when we work together. The 'Authentic Connection' presentation helps do just that by sharing those same evidence-based strategies being taught in the classroom, so they can be also used at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves.

Parents and Carer will need to register for the webinar using the following: https://us02web.zoom.us/meeting/register/tZMkfuipqD8qE9W3e5ySVSZgpLSwgmocjYTi







LIFE EDUCATION VISITS THURSDAY MARCH 30th and FRIDAY MARCH 31st

We are fortunate to once again have sessions with Life Education occurring on the 30 & 31 March. All classes will have an allocated lesson around a range of important topic related to healthy mind and body.

Grade 5/6 Families – Let's Talk About it - Puberty and Reproduction. We are fortunate to have an online parent information session that has been scheduled for Tuesday 28th March at 6:30 pm.

To register please follow the link: https://www.lifeedvic.org.au/for-families/parent-webinars/sh-2. Once registered, you will receive a calendar invite from Life Education Victoria with the Zoom link details. *Please note that other schools may also join this session*.

This will also be emailed to Grade 5/6 families.

TERMS TWO CURRICULUM DAYS -PLEASE MAKE A NOTE IN THE DIARY

Monday April 24th - (Please note this an additional date)

We have now included a second Curriculum Day to start Term 2, plus the initial Student Free Day scheduled for Wednesday 26 April. We have been given the amazing opportunity to begin Term 2 with professional learning to support our 'Writing' focus and will also reduce the start/stop beginning of Term 2.



Staff will participate in Professional Learning linked to the 6+1 Writing Traits on Monday and then, Love Mathmatics on Wednesday.

Tuesday April 25th - ANZAC Day Public Holiday

<u>Wednesday April 26th - Mathematics Professional Learning Day with educational consultant</u> - Love Maths

The challenge of these days is the timing. These will occur in Week 1 of Term 2. with ANZAC Day on Tuesday 25th and then the Curriculum Day on Wednesday 26th, Students will now return on Thursday 27th, We acknowledge that the timing is far from ideal although opportunities to engage with the high-level consultant was limited.

BUILDING UPDATE

Our building works continue to progress to timelines although we understand that many updates (aside from fencing) are not visible external of buildings.

Completion of our new classroom within the current BER (Junior Building) has occurred this week and ready for use.

This leads the way to move 2 classrooms in the BER space in preparation for the major works to begin in the Main (Old) Building.

3/4B (Miss Ryan) - has moved into the new classroom found at the far end of the BER (Junior Building). Students will enter their new classroom from the front deck of this building (Staley Street side). This was formerly the Library entrance.

5/6B (Mr. McKerrow) - will shift into the middle space in the BER (Junior Building). The 5/6 class will enter via the main entrance at the rear of the BER building.

Administration - The main office will transition into the portable behind the toilet block over the coming week, this is currently the staffroom. Nicole will be based in this space. Mr. Frawley will have a site office at the beginning of Term 2.

The next works will include some landscaping around the edge of the oval (Car Park corner) and then demolition of some aspects of the old building including:

- Undercover Area will be removed
- Some internal walls will be removed
- Asbestos removal. This is a small amount and will occur over the Easter break.



Respect * Personal Best * Care

Dates for the Diary

• Thursday March 23rd - The Resilience Project Parent and Carer On-Line

Presentation 6.30 p.m.

• Friday March 24th - Hot Cross Bun Orders Due Back to School Office

• Monday March 27th - School Council Annual General Meeting 5.30 p.m.

Monday March 27th - School Council General Meeting (immediately after

A.G.M.)

• Thursday April 6th - Last Day of Term One 2.15 p.m. Dismissal

Monday April 24th - Curriculum Day - Student Free Day

Tuesday April 25th - ANZAC Day Public Holiday

• Wednesday April 26th - Curriculum Day - Student Free Day

Thursday April 27th - First Day of Term Two for Students

Friday April 28th - School Photo Day

• Wednesday May 3rd - Years Three to Six Division Cross Country

CSEF (Camps, Sports & Excursion Fund)

Applications are open for families who are Health Care Card holders to apply for this funding forms are available from the school office if you haven't already completed one (please note only one application need to be completed all children in your family can be on the same form). When completing your application please bring along your current Health Care Card, this is needed for the application to be accepted. Your health Care Card needed to be valid on January 30th 2023 for you to be eligible.

If you are a Health Care Card holder please do not miss out on this funding.

A copy of the Application Form is available in this newsletter if you have not collected a copy from the school office or returned the copy that were in the Parent Contribution Booklets in December 2022.

EAGLEHAWK HOT BAKE HOT CROSS BUN DRIVE

A few weeks ago an order form to order Hot Cross Buns were sent home with the youngest child in your family. You have until tomorrow, Friday, March 24th to gather orders!



There are two varieties to choose from:

Traditional (6 pack)

Chocolate (4 pack)





Parent & Commmunity Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.





Alarmingly, one in seven primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; Gratitude, Empathy and Mindfulness (GEM).

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- Equip yourself with simple, practical tools to look after your own wellbeing.
- Be informed of the confronting mental health statistics in our country, and understand why prevention is the key to changing this narrative (especially for our children).
- Learn about GEM (Gratitude, Empathy & Mindfulness) the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- Feel confident in holding positive wellbeing discussions with your family.

RESILIENCE PROJECT

hello@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



Congratulations to the following students on being named Student of The Week

for their positive attitude to school and social values.

Friday March 17th

Foundation Hinton-Ryan:

Shayla B. For attempting all learning tasks with a smile.

Foundation Tonkin:

Ryker G. For trying hard to form his letters correctly.

Grade 1/2 Leed:

Alexis F. For always doing her best and great positivity in class.

Ellahnie-Leigh K. For always being an enthusiastic and active participant in all

lessons.

For her hard work and enthusiasm shown in all lessons. Letaiah-Jayne M. -

Grade 1/2 Price:

Lachlan B. For positive contributions to class discussions.

Logan W. For finding and using descriptive synonyms in reading and

writing.

Grade 2/3 Carroll-Dillon:

Jaxson B. For his positive commitment to all learning tasks. Well Done! Eden G.

For excellent work in identifying odd & even 3 digit numbers in

maths. Well Done!

Grade 3/4 Ennor:

Zac G. For being an active participant in math sessions.

Knox S. For always giving his best.

Grade 3/4 Ryan:

Ryan G. For working hard in all writing tasks. For his excellent ideas in writing. James M.

Grade 5/6 McKerrow:

Anika A. For excellent work in MacqLit.

Bailey B. For enthusiastic answering of questions.

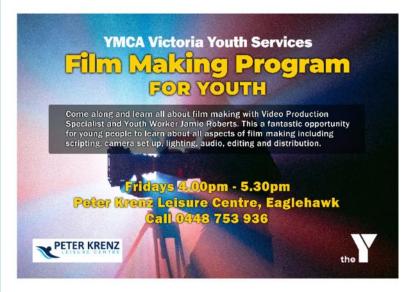
Grade 5/6 Windridge-Lee:

Jaylem J. For working well with Mrs. Ryan.

For always putting in her best effort. Millie K.

Zephie P. For working hard in all areas of the curriculum.

Isaac W. For working well with Mrs. Ryan.









CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

California Gully Prima					
	ary School				
School Name		School F	School REF ID		
Parent/carer details					
Sumame					
First name					
Address					
Town/suburb		State	StatePostcode		
Contact number					
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tudent details					
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JOIN THE FUN!

Eaglehawk Auskick Centre

Canterbury Park
Sunday's 9am starting March 26th

Matt Williams - 0401662838 mattw40@gmail.com

Scan the QR Code to register!

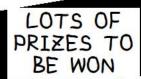


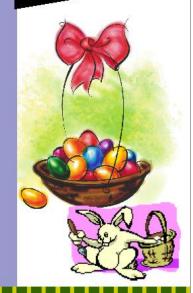
EASTER RAFFLE

Easter is only weeks
away, and we are
looking for donations
of Easter Eggs or a
gold coin (to
purchase more
prizes).

The raffle will be drawn on Thursday April 6th.







MOTHERS' DAY STALL



The Mothers' Day Stall will be held s during Week Three of Term Two.

We will require lots more donations to stock the stall. If you would like to contribute please leave your donation of gifts or money (to purchase more gifts) at the school office.

Bunjil Netball Looking for players

Have you been wanting to get back into netball - or are you keen to learn?

Bunjil Netball Club is a new club looking for players and coaches and would love to hear from you!

Registration Fees:

Net-Set-Go - prep to grade 2 (girls and boys) - \$87

Grade 3 (girls and boys) - \$50 Under 11's (girls and boys) - \$64

Under 13's (girls and boys) - \$80 Under 15's, under 17's, under 21's - \$80.

Uniform: \$70 to purchase, \$40 to hire. Payment plan available.

Competition begins late March. Training starts in February.

If you'd like to umpire there's an option to get paid! For more info, email Amanda or call 0429 944 457.

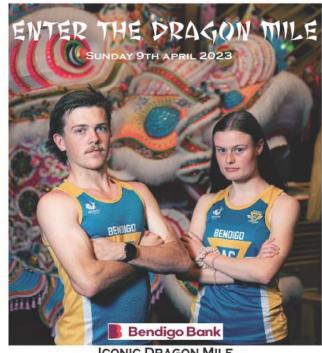












ICONIC DRAGON MILE

MILE LONG FOOT RACE ON THE FAMOUS EASTER PROCESSION ROUTE

WHERE: PALL MALL AT GOLD MONUMENT - TIME: 10:30AM STRAT \$10.00 MINI MILE & PRIMARY SCHOOLS - \$20.00 SECONDARY SCHOOLS - OPEN AND VETERANS ORATING GYM CUP, TEAMS OF 4 FROM YOUR FAVORITE GYM BATTLING IT OUT FOR BEST GYM! https://www.registernow.com.au/secure/Register.aspx?E=48662











Junior Non-Competitive Age Groups Under 6's, 7's, 8's, 9's & 10's

Junior Competitive Age Groups Under 12's, 14's & 16's

Join the Epsom Football Club in 2023!

We are now taking registrations for all ages. Don't miss out on your chance to play for Epsom this soccer season. Teams are currently being put together, so if you would like to request playing with a friend, get in quick so we can try our best to accommodate this.

Registrations closing soon!

To register visit www.epsomfc.com.au

For further information contact juniors@epsomfc.com.au



Hot Shots Kids Tennis

Fun and free aimed at kids aged 5-12. All equipment provided. Starting at 10am on Saturday 18, 25 March and 1 April 2023



https://play.tennis.com.au/eagleh awktennisclub/Coaching

Free Court Use

Courts are free to use and can be booked online to guarantee availability.

Sunday Social Tennis

Our social hits run every Sunday (excluding long weekends) from 3pm and are great for all abilities. Across our 5 courts we have families, beginners having a go and experienced players having a more competitive hit.

Adult Beginner Sessions

Covering the basics of tennis, you can organise a free session by contacting the club by email or Facebook. Equipment provided.

https://play.tennis.com.au/eaglehawktennisclub www.facebook.com/EaglehawkTennisClub eaglehawktennisclub@outlook.com





verplus Want \$500 to help you with school costs?

MEETING DETAILS

Thu March 23rd 2023:

10am - 10:30am (AEDT) 10:30am - 11am (AEDT)

Wed April 5th 2023: 10am - 10:30am (AEDT) 10:30am - 11am (AEDT)

om Meeting Link:

https://bsl.zoom.us/j/68016074995? pwd=K2d4dWI4WjRMbGRlRng0NGhoVVVVZz09

Passcode: 027166

KEY ELIGIBILITY CRITERIA TO JOIN SAVER PLUS

- current health care card OR pe
- ve a child in school OR be studying yourself



Scan the OR code or click the link below to register https://forms.office.com/r/N8isUYmGfC

Juniors: **U8** U10 U12 U14

Seniors: 14+



Season starts approx. April 2023





FOR 1 to 5 YEAR OLDS

It's the best foundation to create mini sportsmen and sportswomen!

JUNIOR FOOTY FUN HO

A TWO DAY PROGRAM FOR BOYS AND GIRLS



TUESDAY, APRIL 11 WEDNESDAY, APRIL 12

8.30am - 5.00pm Venue: Fur Life Oval (Wade Street)



REGISTER ONLINE AT www.goldensquarefnc.com

GO TO EVENTS TAB AND CLICK APRIL HOLIDAY PROGRAM REGISTRATION LINK





2/1 Whip Court, Long Gully California Gully Primary School

Dpt.	Garment	Kids Sizing	Adults Sizing
1	Teal/Ink Navy/White Short Sleeve Polo	\$28.60	\$30.80
2	Teal/Ink Navy/White Long Sleeve Polo	\$32.30	\$34.10
6	Ink Navy Rugby Top	\$35.20	\$36.85
4	Ink Navy 1/2 Zip Polar Fleece Jumper	\$36.30	\$39.60
5	Navy Hooded Windcheater	\$35.20	\$36.85
7	Ink Navy Double Knee Hemmed Track Pants	\$24.20	\$27.50
13	Navy Bucket Hat	\$14.30	
13	Navy Broadbrim Hat	\$12.10	

Our School Uniform supplier, Centavic Clothing, are pleased to now offer an online uniform shop for California Gully Primary School through their website:

https://www.centavicclothing.com.au/

Parents can place an order for uniforms, with the option of paying online, over the phone or on the day of collection.

We advise that any students needing to try on uniform items book an appointment as due to the current COVID-19 capacity limits we will be prioritising those with appointments when needed. This booking system can also be found on our website.





Respect * Personal Best * Care