# The Bell Topper

# California Gully Primary School 123

Volume 41 No. 5

California Gully 3556
Phone: 5446-8393
Fax: 5446-3115

P.O. Box 88

Email: california.gully.ps@educationvic.gov.au Website: www.californiagullyps.vic.edu.au Facebook: California Gully Primary School

Thursday March 2nd 2023

## CURRICULUIM DAY - Wednesday March 1st

Thank you for the support provided yesterday for our scheduled Curriculum Day. We continue to work towards high level strategies and initiatives regarding well-being within our school community. Yesterday's Professional Learning provided an important opportunity to work as a whole staff ensuring understanding and consistency for students and school community.

#### NATIONAL RIDE2SCHOOL DAY

National Ride2School Day will occur on Friday March 24<sup>rh</sup> and is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go. It's sure to be a fantastic day and we look forward to seeing you there!

## LABOUR DAY PUBLIC HOLIDAY - MONDAY MARCH 13th

A friendly reminder that Monday March 13<sup>th</sup>, is the Labour Day public holiday. Enjoy the extra day with family and friends.

# THE RESILIENCE PROJECT - PARENT AND CARE ONLINE PRESENTATION

Martin and TRP Team are so looking forward the online Parent & Carer presentation on:

## Thursday 23rd March from 6:30pm - 8:00pm (90 minutes) AEDT.

Through emotionally engaging stories and practical strategies, this session will help parents and carers understand the benefits of letting go of shame, perfection, ego and control. It will combine powerful research with candid storytelling, along with a few laughs to help support what is arguably the toughest job in the world... being a parent or carer!

## Why a Parent & Carer presentation?

When building positive mental health in schools, we know the best impact happens when we work together. The 'Authentic Connection' presentation helps do just that by sharing those same evidence-based strategies being taught in the classroom, so they can be also used at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves.

Parents and Carer will need to register for the webinar using the following: <a href="link:https://us02web.zoom.us/meeting/register/tZMkfuipqD8qE9W3e5ySVSZgpLSwgmocjYTi">https://us02web.zoom.us/meeting/register/tZMkfuipqD8qE9W3e5ySVSZgpLSwgmocjYTi</a>



#### TERMS TWO CURRICULUM DAYS -PLEASE MAKE A NOTE IN THE DIARY

#### Monday April 24th - (Please note this an additional date)

We have now included a second Curriculum Day to start Term 2, plus the initial Student Free Day scheduled for Wednesday 26 April. We have been given the amazing opportunity to begin Term 2 with professional learning to support our 'Writing' focus and will also reduce the start/stop beginning of Term 2.



Staff will participate in Professional Learning linked to the 6+1 Writing Traits on Monday and then, Love Mathmatics on Wednesday.

Wednesday April 26th - Mathematics Professional Learning Day with educational consultant - Love Maths

The challenge of these days is the timing. These will occur in Week 1 of Term 2. with ANZAC Day on Tuesday 25th and then the Curriculum Day on Wednesday 26th, Students will now return on Thursday 27th, We acknowledge that the timing is far from ideal although opportunities to engage with the high-level consultant was limited.

#### EFFECTIVE COMMUNICATION

A friendly reminder that we encourage communication with teachers as this partnership supports great outcomes for all children. It is important to understand however, that emails sent during the day to teaching staff may not be viewed during teaching time and at times not until the following day. If it is an important message that requires a quick response or notification, please contact the office and communication will then occur with the appropriate teacher and/or student. This includes things like an early pick up for an appointment, a different person picking up or check-in. Thanks for your understanding.

## RAPID ANTIGEN TESTS (RAT's)

CGPS still have a large supply of RATS (Rapid Anitgen Tests), please dont hesitate to contact the office if you require some for your family.

# **Dates for the Diary**

Labour Dy Public Holiday Monday March 13th -

Monday March 20th -School Council Annual General Meeting 5.30 p.m.

Monday March 20th -School Council General Meeting (immediately after A.G.M.)

Friday March 24th -

Thursday April 27th -

Wednesday May 3rd -

Hot Cross Bun Orders Due Back to School Office

Thursday April 6th -Last Day of Term One 2.15 p.m. Dismissal

Monday April 24th -Curriculum Day - Student Free Day

Tuesday April 25th -ANZAC Day Public Holiday

Curriculum Day - Student Free Day Wednesday April 26th -

First Day of Term Two for Students

Friday April 28th -School Photo Day

Years Three to Six Division Cross Country

# Respect \* Personal Best \* Care



## Schools on the Bushfire At-Risk Register and Category 4



Fire danger ratings indicate how dangerous a fire would be if one started in those conditions and provide clear direction on the safest options for preserving life. They can be a trigger for action in community and for school and household level fire plans.

Schools and children's services listed on the Department of Education and Training's Bushfire At-Risk Register (BARR) and those at some lower risk of bushfire or grassfire on the Category 4 list will be closed when a Catastrophic fire danger rating day is forecast in their Bureau of Meteorology district.

Schools and early childhood services listed on the Department of Education and Training's Bushfire At-Risk Register (BARR) and those at lower risk of bushfire or grassfire on the Category 4 list take pre-emptive actions on elevated fire danger days to minimise the risk of being caught in a fire in these conditions. The category of risk (per the BARR or Category 4 list) determines the actions that the school or early childhood service will need to take on days of elevated fire danger.

Our school has been identified as being one of these schools at high bushfire or grassfire risk

California Gully Primary School is rated as Category 3 – considered to be at risk from bushfire.

Our school will close on a day forecasted as Catastrophic fire danger rating in Northern Country fire district.

The department will advise our school of the potential for a Catastrophic fire danger rating as information becomes available, however the pre-emptive closure will be confirmed by 1pm the day prior to Catastrophic fire danger day.

Fire danger ratings are forecast by the Bureau of Meteorology up to four days in advance. Should a Catastrophic day be forecast, we will notify you of the potential closure by an email or hard copy letter Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Catastrophic day
- Out-of-school-hours care will also be cancelled on these days.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for the Bureau of Meteorology district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.



Families are encouraged to enact their Bushfire Survival Plan on Catastrophic fire danger rating days. On such days, children should never be left at home alone or in the care of older children.

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan.

#### What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements if our school is closed due to elevated fire danger or a Catastrophic fire forecast. Further information can be found on the <u>CFA's website</u>.
- Ensure we have your current contact details, including your mobile phone numbers.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or
  in a coastal area, you should check warnings in advance of travel and remain vigilant during
  your stay.
- If your child is old enough, talk to them about bushfires and your family's Bushfire Survival Plan.
- You can access current information about school and early childhood services closures, including those due to elevated fire danger, on the Department of Education and Training's website see <a href="http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx">http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx</a>

Multiple sources that offer information on emergencies are listed below:

- VicEmergency app that can be downloaded on your android and iOS mobile devices
- VicEmergency Hotline (1800 226 226)
- Website https://emergency.vic.gov.au
- Facebook (https://www.facebook.com/vicemergency)
- Twitter (https://twitter.com/vicemergency)
- ABC local radio, Sky News and other emergency broadcasters

Andrew Frawley CGPS Principal



# Parent & Commmunity Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.





Alarmingly, one in seven primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; Gratitude, Empathy and Mindfulness (GEM).

# **Key Takeaways**

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

#### Our Parent & Carer Presentation will help you...

- Equip yourself with simple, practical tools to look after your own wellbeing.
- Be informed of the confronting mental health statistics in our country, and understand why prevention is the key to changing this narrative (especially for our children).
- Learn about GEM (Gratitude, Empathy & Mindfulness) the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- Feel confident in holding positive wellbeing discussions with your family.

RESILIENCE PROJECT

hello@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au

#### **CSEF (Camps, Sports & Excursion Fund)**

Applications are open for families who are Health Care Card holders to apply for this funding forms are available from the school office if you haven't already completed one (please note only one application need to be completed all children in your family can be on the same form). When completing your application please bring along your current Health Care Card, this is needed for the application to be accepted. Your health Care Card needed to be valid on January 30<sup>th</sup> 2023 for you to be eligible.

If you are a Health Care Card holder please do not miss out on this funding.

A copy of the Application Form is available in this newsletter if you have not collected a copy from the school office or returned the copy that were in the Parent Contribution Booklets in December 2022.



# JOIN THE FUN!

#### **Eaglehawk Auskick Centre**

Canterbury Park
Sunday's 9am starting March 26th

Matt Williams - 0401662838 mattw40@gmail.com

Scan the QR Code to register!











# Congratulations to the following students on being named **Student of The Week**

for their positive attitude to school and social values.

# Friday February 24th

Foundation Hinton-Ryan:

Maci H. - For contributing to class discussions and learning tasks.

Foundation Tonkin:

Tander F. - For having a go at writing the sounds he hears in words.

Grade 1/2 Leed:

Melia M. - For always being an active participant in class discussions.

Tommy R. - For doing a great job identifying 'sizzling starts' in class discussions.

Grade 1/2 Price:

Casey O. - For always following class expectations. Alexis W.-L. - For trying her best in all learning tasks.

Grade 1/2 Carroll-Dillon:

Scarlett L. - For a fabulous start to her Reading Diary in 2023. Willow L. - For a fabulous start to her Reading Diary in 2023.

Grade 3/4 Ennor:

Braxtyn B. - For being a positive role model to others. Poppy D. - For always giving her best all subject areas.

Grade 3/4 Ryan:

Willow D'A. - For having a go at all tasks independently.

Hahlia S. - For her excellent home reading.

Grade 5/6 McKerrow:

Ruby G. - For excellent recording in her reading diary.

Jemma S. - For coming up with the 'double-double' strategy.

Mayson T. - For 'ace-ing' the 10,000 addition problem. Brylee W. - For 'ace-ing' the 10,000 addition problem.

Grade 5/6 Windridge-Lee:

Makenna C. - For a thoughtful list of 'favourite' things.

Chloe O. - For the effort she put into compiling her list of 'favourite' things.

## Bunjil Netball Looking for players



Have you been wanting to get back into netball - or are you keen to leam?

Bunjil Netball Club is a new club looking for players and coaches and would love to hear from you!

Registration Fees:

Payment plan available.

Net-Set-Go - prep to grade 2 (girls and boys) - \$87 Grade 3 (girls and boys) - \$50 Under 11's (girls and boys) - \$64

Under 13's (girls and boys) - \$60 Under 13's (girls and boys) - \$80 Under 15's, under 17's, under 21's - \$80. Uniform: \$70 to purchase, \$40 to hire.

Competition begins late March. Training starts in

If you'd like to umpire there's an option to get paid! For more info, email <u>Amanda</u> or call 0429 944 457.





## Respect \* Personal Best \* Care



# Smile Squad is coming to this school

The Smile Squad team from Bendigo Health are coming to our school in March 2023.

Smile Squad is the Victorian Government free school dental program.

This means all students can get a free dental check-up, preventive services, and treatment at school.

#### How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <a href="https://bit.ly/smilesquadvic">https://bit.ly/smilesquadvic</a>

OR use the below QR code:



Please complete and submit the consent form by Friday 10<sup>th</sup> March 2023.

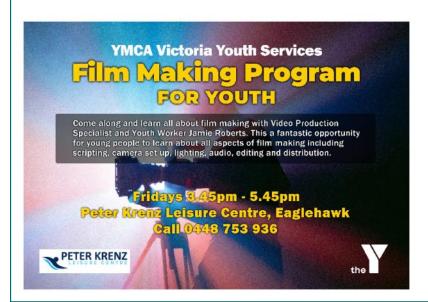
Paper copies of the consent form are available. Please contact the school office if you would like to request one.

The electronic consent form can be translated into more than 100 languages, and the paper form is available in 13 languages.

## Do I need to attend my child's appointment?

No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The Bendigo Health Smile Squad team look forward to seeing you soon.







#### CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

California Gully Prima				
	ary School			
School Name	School F	School REF ID		
Parent/carer details				
Sumame				
First name				
Address				
Town/suburb	State	StatePostcode		
Contact number				
Centrelink pensioner conces	] - DDD - <u>[</u>	OR	rs pensioner (Gold	Card)**
"Foster Parents must provide a copy of ""Applicants must provide a copy of the list his an application for specific spe	he Veteran Affairs Gold card			ousing (DFFH).
tudent details				
Student's surname	Student's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level
	Student's first name	Student ID		Year level
	Student's first name	Student ID		Year level
	Student's first name	Student ID		Year level
	Student's first name	Student ID		Year level
	ind Training (DET) to use Centrelini to enable the business to determine	Confirmation eservices	(dd/mm/yyyy)  to perform an enquiry of m	y Centrelink custom
Student's surname  I authorise the Department of Education a details and concession card status in order Government Department of Families, Fair	and Training (DET) to use Centrelini to enable the business to determine ness and Housing (DFFH) to provid	t Confirmation eServices if I qualify for a concession e the results of that enqu	to perform an enquiry of m n, rebate or service. I also an	ry Centrelink custom uthorise the Australia
Student's surname  I authorise the Department of Education a details and concession card status in order Government Department of Families, Fair I understand that:  DEFH will use information I have provid personal information including my name this consent, once signed, remains valid	and Training (DET) to use Centrelini to enable the business to determine mess and Housing (DFFH) to provid ed to DET to confirm my eligibility for e, address, payment and concession while my child is enrolled at a registe	t Confirmation eServices If i qualify for a concession the results of that enquer the Camps, Sports and in card type and status.	to perform an enquiry of m n, rebate or service. I also as iry to DET.	by Centrelink custom thorise the Australia disclose to DET
Student's surname  I authorise the Department of Education a details and concession card status in order Government Department of Families, Fair I understand that:  DFFH will use information I have provid personal information including my name: this consent, once signed, remains valid: I can obtain proof of my circumstances/ Excursions Fund can be determined.	and Training (DET) to use Centrelini to enable the business to determine mess and Housing (DFFH) to provid ed to DET to confirm my eligibility for e, address, payment and concession while my child is enrolled at a registe idetails from DFFH and provide it to	t Confirmation eServices If I qualify for a concession the results of that enquirithe Camps, Sports and in card type and status. The confirmation in the confirmation card type and status. The confirmation is the confirmation card victorian school unless The confirmation is the confirmation of the confirmation in the confirmation is the confirmation of the confirmation of the confirmation is the confirmation of the confirma	to perform an enquiry of m, rebate or service. I also as iny to DET.  Excursions Fund and will out the Camps, Sports and	by Centrelink custom thorise the Australia disclose to DET og the school.
Student's surname  I authorise the Department of Education a details and concession card status in order Government Department of Families, Fair I understand that:  DFFH will use information I have provid personal information including my name: this consent, once signed, remains valid: I can obtain proof of my circumstances.	and Training (DET) to use Centrelini to enable the business to determine mess and Housing (DFFH) to provid ed to DET to confirm my eligibility for e, address, payment and concession while my child is enrolled at a registe idetails from DFFH and provide it to	t Confirmation eServices If I qualify for a concession the results of that enquirithe Camps, Sports and in card type and status. The confirmation in the confirmation card type and status. The confirmation is the confirmation card victorian school unless The confirmation is the confirmation of the confirmation in the confirmation is the confirmation of the confirmation of the confirmation is the confirmation of the confirma	to perform an enquiry of m, rebate or service. I also as iny to DET.  Excursions Fund and will out the Camps, Sports and	by Centrelink custom thorise the Australia disclose to DET og the school.
Student's surname  I authorise the Department of Education a details and concession card status in order Government Department of Families, Fair I understand that:  DFFH will use information I have provid personal information including my name: this consent, once signed, remains valid: I can obtain proof of my circumstances: Excursions Fund can be determined.  If I withdraw my consent or do not alternal.	and Training (DET) to use Centrelini to enable the business to determine mess and Housing (DFFH) to provide do DET to confirm my eligibility for address, payment and concession while my child is enrolled at a register idetails from DFFH and provide it to attively provide proof of my circumstathe Camps, Sports and Excursion on card services or confirming eligibility.	t Confirmation eServices If i qualify for a concession the results of that enquer the Camps, Sports and on card type and status, and Victorian school unles DET so that my eligibility nices/details, I may not be s Fund may be discloss igibility for assistance.	to perform an enquiry of m, rebate or service. I also as iny to DET.  Excursions Fund and will out the Camps, Sports and religible for the Camps, Sports and religible for the DFFH and /or S	by Centrelink custom athorise the Australia disclose to DET ag the school.













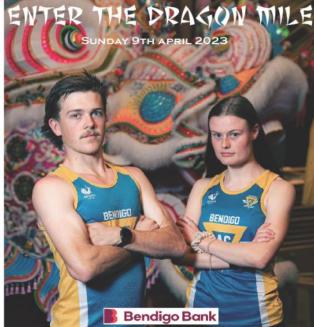


Welcome



- Climbing Wall
- Inflatable Water Slide
- Face painting
- S.A.F.E Archery
- Animal Farm & Pony Rides
- · Live Music and Dance
- . Water Property
- Woodwork with Northern District Community
- Airbrush tattoos
- Coliban Water refill units – PLEASE BRING ALONG YOUR DRINK BOTTLE







MILE LONG FOOT RACE ON THE FAMOUS EASTER PROCESSION ROUTE

WHERE: PALL MALL AT GOLD MONUMENT - TIME: 10:30AM STRAT \$10.00 MINI MILE & PRIMARY SCHOOLS - \$2.0.00 SECONDARY SCHOOLS / OPEN AND VETERANS ALBO INCORPORATING GYM CUP, TEAMS OF 4 FROM YOUR FAVORITE GYM BATTLING IT OUT FOR BEST GYM! https://www.registernow.com.au/secure/Registeraps/?E=48662









Sunday March 5, 2023 10am – 1pm Strauch Recreation Reserve 14 Gungurry Road, Huntly

14 Gungurru Road, Huntly
Remember to BYO towel and change of clothes
for the water slide!













#### Sunday 19<sup>th</sup> March 2023 11 am - 3 pm Activities for the Whole Family



Chocolate Treasure Hunt @11am



Rides, Climbing Wall

Archery, Slot Cars
LEGO bricks
Soccer, Hockey, Football, Table tennis
Bowls, Baseball
EH Fire brigade activities
Tattoos, Hispano activities
Story telling, Roller Derby fun
Belly Dancing
Painting in the Sound Shell
And the animals are back from the fabulous -

Animals 2 U

BBQ & drinks provided by EH Scouts & Eaglehawk Y's Men for small cost or <u>bring your own picnic.</u>

Enquiries: Mary Preston 0434 769 862

All activities are FREE!











# **NEW PLAYERS WELCOME**

Anyone who wants to play Netball, make some new friends, and have fun is welcome.

All Stars is a club for Everyone.

No matter who you are, your experience or skill level.

We're a club that's more about being accepted for who you are and having fun, than winning.

Training Day: Thursdays

Place: Golden City Netball Courts

Times: Grade 3 - 13/Under 4:30-5:30pm

15/Under - Open Ages 5:30-6:30pm



Email: Allstarsnc21@gmail.com

FB Page: All Stars Netball Club Bendigo









# 2/1 Whip Court, Long Gully California Gully Primary School

Dpt.	Garment	Kids Sizing	Adults Sizing
1	Teal/Ink Navy/White Short Sleeve Polo	\$28.60	\$30.80
2	Teal/Ink Navy/White Long Sleeve Polo	\$32.30	\$34.10
6	Ink Navy Rugby Top	\$35.20	\$36.85
4	Ink Navy 1/2 Zip Polar Fleece Jumper	\$36.30	\$39.60
5	Navy Hooded Windcheater	\$35.20	\$36.85
7	Ink Navy Double Knee Hemmed Track Pants	\$24.20	\$27.50
13	Navy Bucket Hat	\$14.30	
13	Navy Broadbrim Hat	\$12.10	

Our School Uniform supplier, Centavic Clothing, are pleased to now offer an online uniform shop for California Gully Primary School through their website:

https://www.centavicclothing.com.au/

Parents can place an order for uniforms, with the option of paying online, over the phone or on the day of collection.

We advise that any students needing to try on uniform items book an appointment as due to the current COVID-19 capacity limits we will be prioritising those with appointments when needed. This booking system can also be found on our website.



